

Antimicrobial, Cyto and Genotoxic Activities of *Equisetum hyemale*

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ABSTRACT

The popular use of natural products has great benefits for the health of the human population. In this study we highlight *Equisetum hyemale*, belonging to the phylum Sphenophyta and the family Equisetaceae. Popularly, the stems of this plant are used for their diuretic, digestive, anti-anemic, and anti-inflammatory properties. Given this context, and the fact that the growth of antimicrobial resistance is a serious problem for global public health, this plant could be used as an alternative, to increase our therapeutic arsenal. Therefore, it is important to more clearly elucidate the complex structures present in plants, because these substances are mainly responsible for their beneficial and/or toxic effects. Thus, the objective of this study was evaluate the antimicrobial activity, cytotoxic and genotoxic potential of the phenolic compounds separately. The substances luteolin, ferulic acid and coumarin were identified at high concentrations by ultra-high performance chromatography-electrospray ionization-mass spectrometry (UPLC-ESI-MS). Antimicrobial activity was elucidated through microdilution in broth; the phenolic compounds were able to inhibit the visible growth of the standard bacterial strains at low concentrations. Cytotoxicity was evaluated by MTT and genotoxicity was analysed through cellular damage using a Comet assay; the results showed that it did not present cytotoxicity or genotoxicity at the corresponding concentrations. With this, we suggest that *E. hyemale* may be an alternative for the treatment of infections by microorganisms that are resistant to synthetic drugs.

Key words: *Equisetum hyemale*. Phenolic compounds. Cytotoxicity. Antimicrobial activity.

INTRODUCTION

Equisetum hyemale is notable for demonstrating important benefits to human health. Its morphology includes greatly reduced leaves and air fistulous stems, which resemble a ponytail; for this reason, it has received the popular name of horsetail. It belongs to the phylum Sphenophyta and family Equisetaceae. It is an air plant commonly found in tropical and temperate climates.^{1,2} Popularly, the stems of the plant are used for the production of an infusion that acts as a diuretic, digestive, anti-anemic, anti-inflammatory, and antimicrobial, and is also employed to treat gonorrhea, diarrhea, kidney infections, and bladder and eye diseases.^{3,4} Although there are few reports of the antimicrobial activity of *E. hyemale* in the literature, a study carried out by our research group demonstrated the antimicrobial activity of crude extract and fractions, as well as the ability of these extracts to inhibit the formation of biofilm formed by *P. aeruginosa* (01). These results were justified by the presence of high levels of phenyl compounds in the plant structure.⁵⁻⁷

The phenyl compounds are secondary metabolites produced by plant with the functions of protection and reproduction. These substances have important biological activities and are classified into groups, according to their chemical structure. Among

these groups, phenolic compounds are present in a wide range of fruits and vegetables.^{8,9} Their chemical structure is characterized by having a hydroxyl attached directly to an aromatic hydrocarbon group, and exhibit different biological effects, such as antitumor, antioxidant, anti-inflammatory, antiviral and antimicrobial activities.¹⁰⁻¹³

Therefore, the phenyl compounds could be used as an alternative, to increase our therapeutic arsenal, because the disorderly use of antimicrobial drugs is contributing to the growth of micro-organisms that are resistant to treatments; namely, these strains are able to multiply in the presence of antimicrobial concentrations higher than the doses recommended for the treatment of the patient.¹⁴⁻¹⁶ After the discovery of the first antimicrobial drugs, it was evident that bacteria possessed resistance mechanisms; however, this scenario was livened up with the frequent introduction of new antibiotics. Currently, antibiotic production is greatly reduced and the prevalence of pathogens' resistance to antibiotics has increased, which has become a serious public health problem.¹⁷⁻¹⁹

In spite of the benefits offered by natural products, there is a need to preserve their integrity and pharmacological chemistry when raw material is transformed into medicine.^{19,20} With this, one should ensure the constancy of the biological action and their

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own safety, as well as enhance the therapeutic potential. In order for this goal to be reached, herbal production requires, necessarily, previous studies concerning the botanical aspects, agronomic, phytochemical, pharmacological, toxicological, analytical methodologies and development technology.^{11,21} Given this, the objective of this study was to define the chemical composition of *E. hyemale*, as well as to assess its antimicrobial activity, cytotoxicity and genotoxicity.

MATERIALS AND METHODS

Plant sample collection

The plant material used in the study was collected in Santa Maria (Rio Grande do Sul, Brazil) in the district of São Martinho da Serra ($29^{\circ} 32' 16''$ S, $53^{\circ} 51' 18''$ W), between September and November 2017. The dried specimen is preserved in the herbarium at the Department of Environmental Engineering, Federal University of Santa Maria (UFSM), under register number SMBD 6756. The compounds luteolin, ferulic acid, coumarin and routin were commercially disclosed by Sigma-Aldrich[®].

Preparation of plant extracts

The plant stems were dried in a stove (temperature < 40 °C) and chopped using a knife mill. The obtained material was macerated at room temperature with 70% ethanol for one week, with one daily shakeup, and the solvent was renewed for 4 weeks. After filtration, the hydroalcoholic extract was evaporated under reduced pressure in a rotary evaporator to remove the ethanol, thereby obtaining an aqueous extract. Part of the aqueous extract was dried in a stove (temperature above 40 °C) to obtain the crude extract (CE). After that, the remaining aqueous extract was partitioned with dichloromethane (DCM), ethyl acetate (EA) and n-butanol (NB), successively.¹⁰

Preparation of solid-phase extraction (SPE)

Firstly, 3 mL of the diluted extract was added to 12 mL of ultrapure water (1:4). Then, 15 µL of the acetic acid was added, producing a final proportion of 0.1% (v/v). From the SPE cartridges of Strata C-18E, 500 mg was used, with a capacity of 3 mL (Phenomenex, Torrance, USA). The cartridges went through a conditioning stage with 6 mL of 0.2% (1:1; v/v) methanol/acetic acid, then with 6 mL of 0.1% (v/v) acetic acid solution in water. After obtaining a fixed volume of 2 mL of the extracts, with a composition ethanol/water/acetic acid (20:80:0.1; v/v), the solution was percolated to a leak of 2 mL min⁻¹, followed by a washing with 2 mL of 0.1% (v/v) acetic acid solution. Finally, the removed analytes were eluted with 2 mL of MeOH. Just prior to the chromatographic analysis, the eluate obtained by the SPE procedure was diluted to 0.5 g L⁻¹ with 0.1% (1:1; v/v) methanol/acetic acid solution.²²

Ultra high performance chromatography-electrospray ionization-mass spectrometry (UPLC-ESI-MS)

Analysis was performed according to Faccin and collaborators (2016), at the Research Center and Analysis of Contaminant Residues of the UFSM. The UPLC-ESI-MS system consists of a chromatograph (ACQUITY UPLC) coupled to a mass spectrometer (XEVO TQ-S triploquadrupolo), Milford, USA). The column C18 Acquity UPLC BEH (100 mm, i.d. 2.1 µm, particle 1.7 µm; Waters) was used, and maintained under heat at 40 °C. The method uses a gradient elution, containing 0.1% acetic acid (A) and acetonitrile (B), at a constant flow rate of 800 µL·min⁻¹, according to the following conditions: 8.0% B (0.00–0.10 min); 8.0–25.8% B (0.10–3.45 min); 25.8–54.0% B (3.45–6.90 min); 54.0–100.0% B (6.90–7.00 min); 100.0% B (7.00–9.00 min); and an injection volume of 5 µL. The mass spectrometer was operated using the negative electrospray ESI (-) ionization mode, with the following parameters: gas flow (N2) at 11 L min⁻¹; nebulizer pressure equal to 30

psi; capillary voltage equal to ±2.4 kV and during gas temperature equal to 250 °C. The comps were analyzed in a mass spectrometer operating under “multiple reaction monitoring” (MRM). The analyzed data were acquired using quantitative analysis using the MassLynx Mass Spectrometry software (Waters).

Preparation of inoculums

The bacterial inoculum sizes were standardized according to Clinical and Laboratory Standards Institute standards (CLSI). The bacterial strains American Type Culture Collection (ATCC) *E. faecalis* (ATCC 29212), *S. epidermidis* (ATCC 35985), *S. saprophyticus* (ATCC 15305), *S. aureus* (ATCC 33691), MRSA-IC (clinical isolate of methicillin-resistant *Staphylococcus aureus*), *L. monocytogenes* (ATCC 7644), *E. coli* (ATCC 25922), *S. enteritidis* (ATCC13076), *S. flexineri* (ATCC 12022323), *P. aeruginosa* (ATCC 27853), *P. aeruginosa* PA01, and *K. pneumoniae* (ATCC 1705) were used. Isolated colonies were grown for 18 and 24 h in Mueller-Hinton agar (Himedia, India) and the suspension was prepared in saline solution (0.85%) with NaCl density adjusted to 0.5 on the McFarland scale (1.5x10⁸ CFU/mL).²³

Determination of minimum inhibitory concentration (MIC)

The antibacterial activity, according to Clinical and Laboratory Standards Institute standards, of the phenolic compounds was evaluated using the broth microdilution method. The assay was carried out in 96-well microtiter plates using Mueller-Hinton broth (Himedia[®]). Each extract was diluted in dimethyl sulfoxide (DMSO) and gave rise to serial concentrations ranging from 2 to 0.185 µg/mL (initial concentrations of the tests for the phenolic compounds were established from the equivalent concentrations identified in the extracts). The inoculum was mixed in the dilution of compounds. The plates were incubated at 37 °C and the minimal inhibitory concentration (MIC) was recorded after 24 h of incubation. The MICs were defined as the lowest concentration of extract that inhibited visible bacterial growth. This test was performed in triplicate, and 2, 3, 5-triphenyltetrazolium chloride was used as an indicator of microbial growth. A positive control growth culture medium and microorganism were used. For the control of sterility, only culture medium was used for negative growth. In the same way, a control of the solvent DMSO was carried out at the same concentration used for the dilution of the samples.²³

Mononuclear cells

Blood was collected for toxicological tests. Peripheral blood samples were obtained through three discarded samples from the Laboratory of Clinical Analysis of the University Franciscan, under the approval of the Institution's Ethics Committee on Human Beings (CAAE: 31211214.4 .0000.5306), with the absence of identification data. The samples were obtained through venipuncture using tubes with Vacutainer[®]-type heparin, which were used to separate PBMCs and the subsequent treatments and cell cultures.²⁴

Evaluation of cell viability by the MTT technique

In the MTT assay, the 3-[4,5-dimethyl-thiazol-2-yl]-2,5-diphenyltetrazolium bromide reagent is water-soluble and yellowish in color, being readily incorporated by viable cells, which reduce this compound's mitochondrial activity by the enzyme succinate dehydrogenase. Upon being reduced, MTT is converted into formazan crystals, which are insoluble in water and bluish-purple in color and stored in the cell cytoplasm, and subsequently solubilized by the addition of DMSO (dimethyl sulfoxide); they were quantified calorimetrically by spectrophotometry over a 570 nm wave. Curves with different concentrations were calculated from the MIC values for both the extracts [14] and the compounds; these concentrations were

added to the cell cultures. The absorbance value is proportional to the number of viable cells, in comparison to the negative control.^{24,25}

Genotoxicity evaluation

The genotoxicity evaluation was performed by a Comet assay. The cells were treated with different concentrations, which varied between 3 µg/mL and 300 µg/mL for the crude extract and fractions, and 2 µg/mL and 10 µg/mL for the phenolic compounds. These concentration ranges were defined on the basis of the minimum inhibitory concentrations (MICs) obtained in our first published study. The concentration were suspended in low-melting agarose (deposited on a glass slide precoated with a layer of 1.5% agarose). The material was immersed in lysis solution (lysis solution: 89 and 10 mL of dimethyl sulfoxide and 1 mL of Triton X-100) for the removal of the membranes and cytoplasm. Subsequently, the slides were incubated in alkaline electrophoresis buffer at a pH of 13 (300 mmol L⁻¹ NaOH and 1 mmol L⁻¹ EDTA in distilled water) and subjected to electrophoresis for 30 min at 25 V and 300 mA. Then, the processes of neutralization (neutralizing buffer pH 7.5), fixation (15% trichloroacetic acid) and coloration (acridine orange) were performed, so that the genetic material could be analyzed. One hundred cells were analyzed in an optical microscope and were classified according to their tail length. The cells received scores from 0 (no damage) to 4 (maximum damage). The test was performed in

triplicate, and the data were transformed into a damage index, which was analysed statistically. The genotoxic potential was measured 48 h after exposure to the extracts and compound; they were considered genotoxic when the concentrations resulted in a damage index higher than 0.1.²⁵

Statistical analysis

OD readings obtained from the assay were recorded as mean +/- SE and were submitted to a one-way ANOVA. A p value ≥ 0.05 was considered to indicate statistical significance. Graphs were prepared using GraphPad Prism version 5.01 (GraphPad Software, La Jolla, CA).

RESULTS AND DISCUSSION

Phytochemical characterization by UPLC-ESI-MS

The major crude extract (CE) compounds found using the UPLC-ESI-MS system included luteolin (LUT; 3.7 µg/mL) and ferulic acid (FA; 1.7 µg/mL) (Figure 1a), where as in the ethyl acetate (AE) fractions, coumarin (CM; 2.06 µg/mL) and ferulic acid (FA; 3.8 µg/mL) stood out (Figure 1b). The main components of the dichloromethane (DCM) (Figure 1c) and butanol (NB) fraction (Figure 1d) were ferulic acid (FA; 3.5 µg/mL and 1.5 µg/mL, respectively) and rutin (RUT; 2.8 µg/mL and 1.7 µg/mL) respectively.

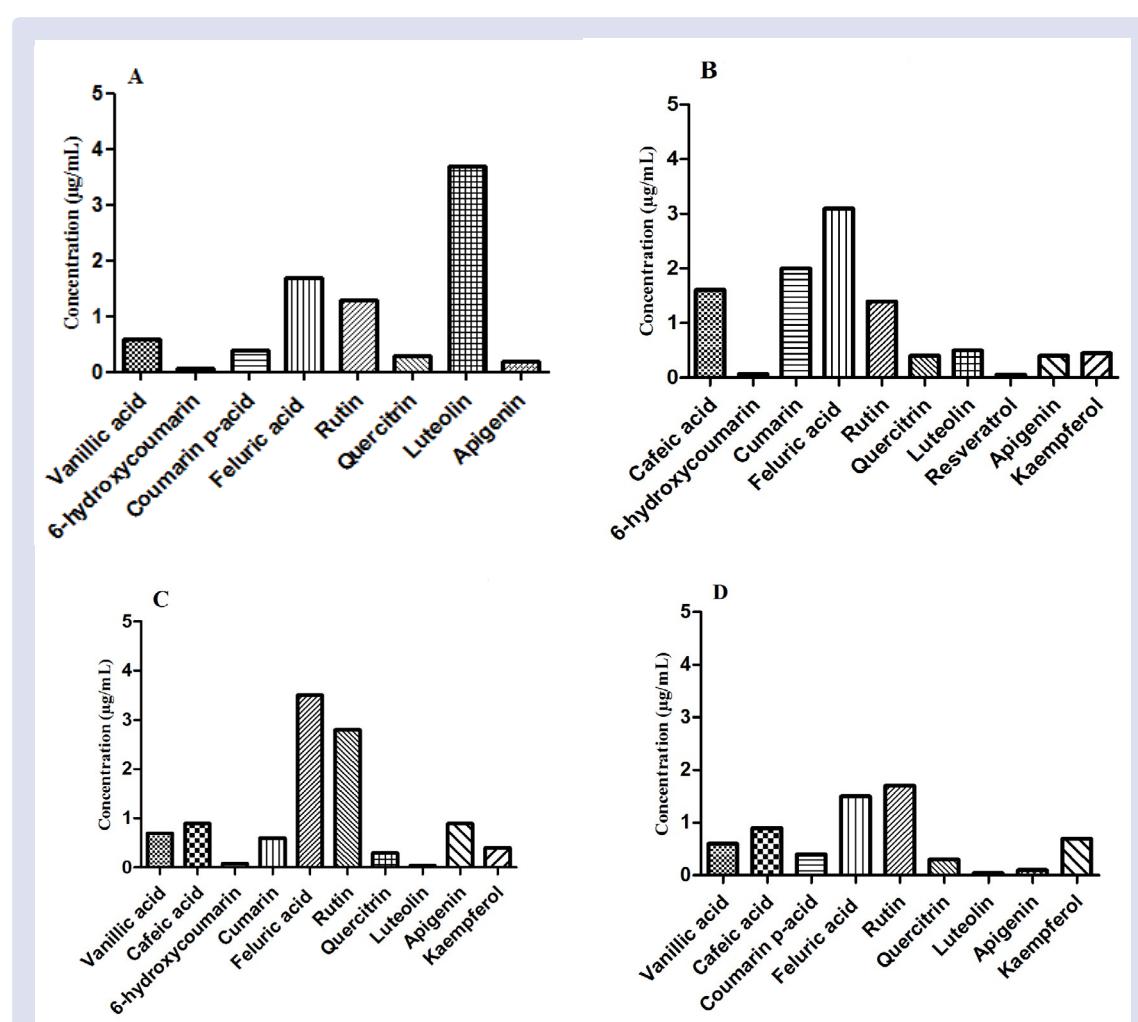


Figure 1: Identification of major compounds present in crude extract (A) acetate fraction (B), dichloromethane (C) and n-butanol fraction (D) of *E.hyemale* (B) by the LC-MS method in µg/ml.

These substances are part of the phenol compounds group and the antimicrobial activity this compounds is often reported in the literature. Luteolin has a potent antimicrobial action and can operate via different mechanisms of action, such as the inhibition of the production of proteins and peptidoglycan, the alteration of the permeability of the internal membrane of the microorganism, and inhibition.^{26,27} In the same way, ferulic acid has been shown to have moderate antimicrobial activity.^{28,29} The for coumarin, this action is attributed to its lipophilic chemical structure, since the presence of hydroxyl groups and the size of the carbon chain facilitate their entry into the microbial cell.³⁰ One study has made it clear that routin acts in synergy with other phenolic compounds, potentiating the antimicrobial activity of phytochemicals.³¹ All of these studies corroborate with the results obtained in our research, since we observed that the major substances of *E. hyemale* have significant antimicrobial activity alone and in adjusted concentrations at the values identified in the crude extract and fractions of the plant.

Antimicrobial activity

We calculated the identified relative values of each major substance present in the crude extract and fractions, and we evaluated the activity of these substances alone. The results showed that the phenolic compounds were able to inhibit the visible growth of the *S. epidermidis* ATCC 35985, *S. saprophyticus* ATCC 15305, *S. aureus* ATCC 33691, MRSAs-IC (clinical isolate of methicillin-resistant *Staphylococcus aureus*), *E. coli* ATCC 25922, *S. enteritidis* ATCC 13076, *S. flexineri* ATCC 12022323^a, *P. aeruginosa* ATCC 27853, *P. aeruginosa* PA01, *K. pneumoniae* ATCC 1705, *E. faecalis* ATCC 29212 and *L. monocytogenes* ATCC 7644. The MIC values were low and satisfactory, with concentrations ranging from 0.37 µg/mL at 0.75 µg/mL MIC, as shown in Table 1.

In a previous study carried out by our research group, we demonstrated that crude extracts, the dichloromethane fraction, acetate fraction and N-butanol fraction of *E. hyemale* showed antimicrobial activity against *S. epidermidis* ATCC 35985, *S. saprophyticus* ATCC 15305, *S. aureus* ATCC 33691, MRSAs-IC (clinical isolate of methicillin-resistant *Staphylococcus aureus*), *E. coli* ATCC 25922, *S. enteritidis* ATCC 13076, *S. flexineri* ATCC 12022323^a, *P. aeruginosa* ATCC 27853, *P. aeruginosa* PA01, *K. pneumoniae* ATCC 1705, *E. faecalis* ATCC 29212 and *L. monocytogenes* ATCC 7644, with minimal inhibitory

concentrations (MIC) ranging from 3.270 at 5.2410 µg/mL.⁷ Therefore, in this study, we clearly identify the presence of the major substances in the crude extract and fractions previously analyzed (routin, coumarin, ferulic acid and luteolin).

Safety of using

In order to prove the safety of using *E. hyemale*, we performed a cytotoxicity and genotoxicity test *in vitro*. The crude extracts, fractions and phenolic compounds were able to maintain cell viability at all exposure times, and the concentration values used were adjusted with the value obtained for the MIC (Figure 2). Similarly, in the comet assay shown in Figure 3, the low obtained damage rates show that the extracts and compounds did not damage the genetic material of the cells.

The presence of high levels of phenol compounds in the *Equisetum* genus have been demonstrated in the literature.^{4,32-36} Therefore, few studies have evaluated the biological and toxicology activities of these substances alone. The results obtained in this study suggest that phenolic compounds were mainly responsible for the biological activities of the plant.^{32,37}

Although these plants are beneficial for health human, high doses may present toxic and deleterious effects.^{38,39} Most people still use this vegetable without previous knowledge of the composition of the products.⁴⁰ Other studies report that, in the presence of metals and in high concentrations, phenolic compounds have pro-oxidant activity and can cause cellular damage.⁴¹ When the hydro-alcoholic extracts of five *Equisetum* species (*E. arvense*, *E. sylvaticum*, *E. fluviatile*, *E. palustre* and *E. telmateia* Ehrh) were evaluated for their genotoxicity, the results showed that high concentrations induce cellular damage.⁴² However, another study noted that the phytoextract of the genus *Equisetum* did not induce acute toxicity in *Drosophila* or in human lymphocytes in culture, at low concentrations.⁴³

CONCLUSION

Given this, we conclude it is extremely important that, along with studies of the biological activities of plants, evaluations of the cytotoxicity and genotoxicity of these plants should be conducted, in order to offer greater safety to humans. *Equisetum hyemale* has the potential for antimicrobial activity and does not show cytotoxic and

Table 1: Antibacterial activity of compounds phenolics identified in crude extract and fractions of *E. hyemale* against strains bacterial standards.

	MIC (µg/mL)			
	AF	LT	CM	RUT
<i>E. faecalis</i> ATCC 29212	0,75	0,37	0,75	0,75
<i>S. epidermidis</i> ATCC 35985	0,75	0,37	0,75	0,75
<i>S. saprophyticus</i> ATCC 15305	0,75	0,75	0,75	0,75
<i>S. aureus</i> ATCC 33691	0,37	0,37	0,37	0,37
MRSAs-IC	0,75	0,75	0,75	0,75
<i>L. monocytogenes</i> ATCC 7644	0,75	0,18	0,75	0,75
<i>E. coli</i> ATCC 25922	-	0,75	0,75	0,75
<i>S. enteritidis</i> ATCC 13076	-	0,75	0,75	-
<i>S. flexineri</i> ATCC 12022323 ^a	0,75	0,37	0,75	0,75
<i>P. aeruginosa</i> ATCC 27853	0,75	0,37	0,75	0,75
<i>P. aeruginosa</i> PA01	0,75	0,37	0,75	0,75
<i>K. pneumoniae</i> ATCC 1705	0,75	0,37	0,75	0,75

Minimal Inhibitory Concentration; ATCC: American Type Culture Collection; AF: Ferulic acid; LT: Luteolin; CM: Coumarin; RUT: Routin.

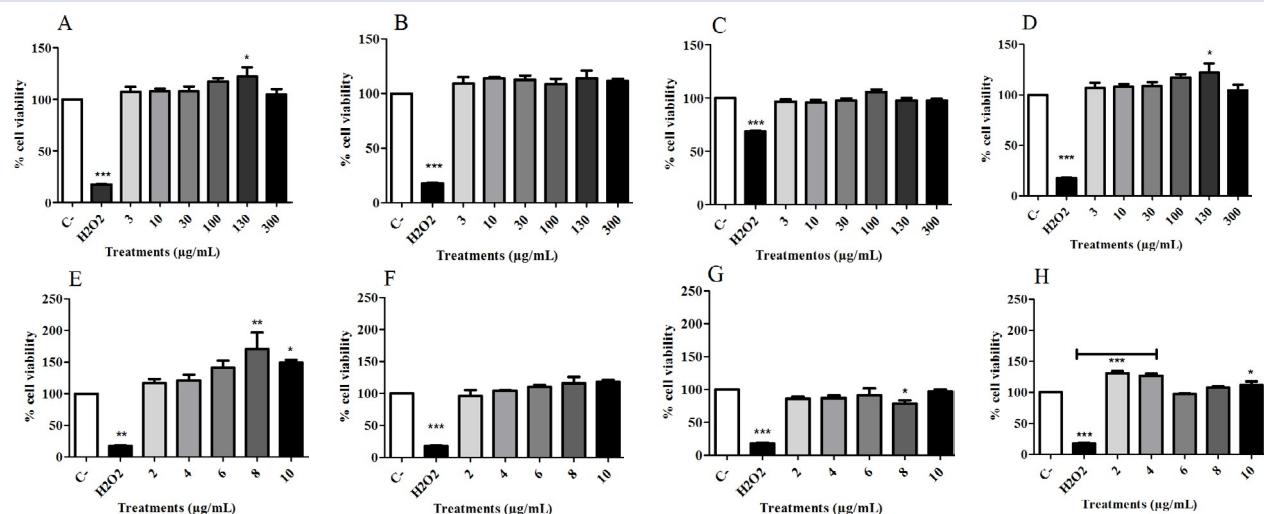


Figure 2: Comparison of cytotoxicity evaluated by MTT reduction in mononuclear cells exposed to H₂O₂ and treated with crude extract, fractions and major compounds of *E. hyemale*. Extract crude (A), acetate fraction (B), Dichloromethane fraction (C), N- butanol fraction (D), Luteolin (E), Ferulic acid (F), Coumarin (G) and Routin (H). Results were expressed as percentage of the negative control (100%).

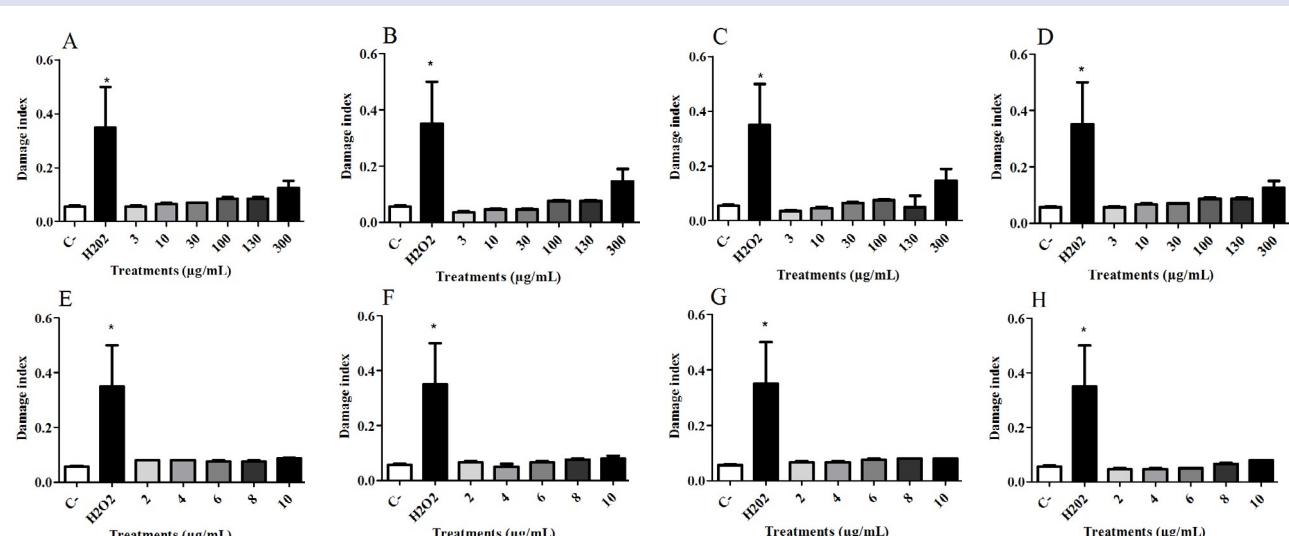


Figure 3: DNA migration in the comet assay for assessment of genotoxicity of crude extract, fractions and major compounds of *E. hyemale* exposed to peripheral blood mononuclear cell culture for 72h. Extract crude (A), acetate fraction (B), Dichloromethane fraction (C), N- butanol fraction (D), Luteolin (E), Ferulic acid (F), Coumarin (G) and Routin (H).

genotoxic effects. Therefore, this plant may be an alternative treatment for microbial infections; these activities are attributed to the presence of phenolic compounds in the plant. From these results, studies can be carried out using models of infection in experimental animals that, in turn, will redefine the basis for therapeutic studies in humans.

CONFLICTS OF INTEREST

The authors declare that they have no conflicts of interest.

ACKNOWLEDGMENTS

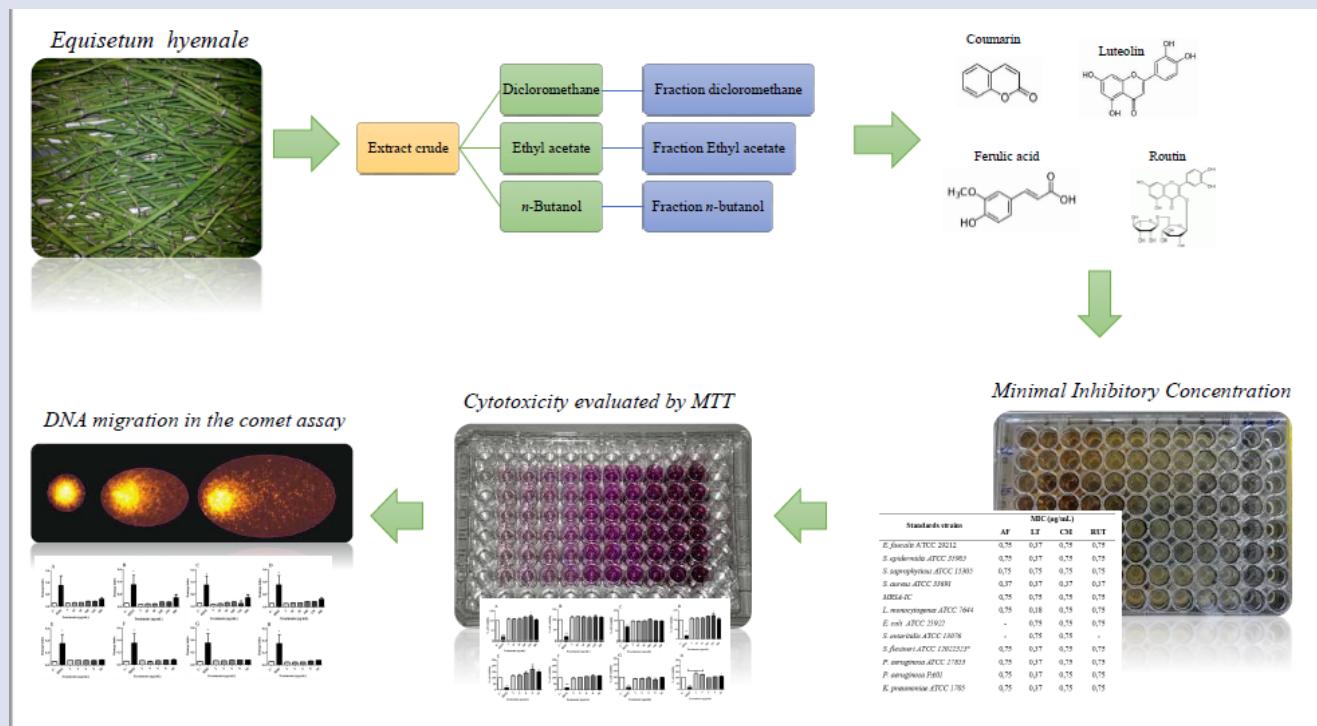
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